



*It's not an easy decision.
But we can help.*

HAVING TO ADJUST OUR LIFESTYLE FOR HEALTH REASONS can be one of the most difficult changes we ever face in life. That's why at Presbyterian Manors of Mid-America, we believe the best possible care includes enabling the best possible quality of life for our residents. This commitment extends beyond delivering health care to encouraging independence, involving friends and family, and learning the routines and interests of every person we serve.

By customizing our services to meet the individual needs of our residents, we help them make the most of their abilities and ensure they always have choices. This way, our residents have every opportunity to get the most out of life, every day.



Topeka Presbyterian Manor
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HEALTH CARE AND REHABILITATION



Helping seniors and families
find solutions.

Just Ask. Together, we'll find the answers.

We're with you every step of the way.

At Presbyterian Manors, we recognize you may have questions. We'll work with you to help find the right answers. Together, we assess each resident's capabilities, preferences and physical health to determine what level of care is most appropriate. Whether it's getting back home quickly after rehabilitation therapy or long-term care with 24-hour support provided by our dedicated staff, your goals are our goals. We also understand Medicare and state guidelines, and can help navigate the often confusing regulations to make sure each resident is informed. With a comprehensive system of health care and rehabilitation services available, you'll have all the information and support you need to make the right decision for yourself or a loved one, at the right time.



What makes our community thrive is a commitment to making our residents feel at home. Along with individualized care that's available 24 hours a day, we offer a full range of activities to bring people together — including exercise options, social events, salon treatments, educational programs and more.



Covered services include:

- Three meals daily
- Healthy between-meal snacks
- 24-hour nursing care
- Daily housekeeping
- Daily laundry
- Activities and cultural events
- Restorative nursing services
- Individualized care planning
- Medication management
- Social programs
- Worship services

A wide range of additional services are available, including physical, occupational and speech therapy; and respite care. For more information, please call or visit us today.

All you have to do is ask.

For more than 60 years, Presbyterian Manors has helped older adults and their families by going the extra mile to find the solutions they're seeking. Here, you have the freedom of opting to add services later, as needed, so you'll never have to worry about securing quality care during a moment of crisis. We can even help assess costs to determine what is covered under your long-term care policy.

No matter the question, you'll find the resource you need at Presbyterian Manors of Mid-America.

Just ask. Together, we'll find the answers.





PATH[®] acts as a bridge between hospital and home by helping patients overcome the challenges of recovering from an injury, illness or surgery. Typical services include:

- Cardiac recovery
- Orthopedic rehabilitation
- Neurological rehabilitation
- Post-surgical care
- Medically complex care
- IV therapy
- Pain management
- Wound care

*Contact the Health Services Director at the local Presbyterian Manor community for specific PATH services offered.

Have questions about Medicare referrals or eligibility? We can help.

To see what the PATH program can do for you or someone you know, call us at **785-272-6510** today.



Together, we'll find the answers.

As a Presbyterian Manors of Mid-America community, our mission is to provide quality senior services guided by Christian values.

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PATH[®]
Your next step to going home[®]

Post-Acute To Home



**Presbyterian Manors[™]**
of Mid-America
The way you want to liveSM
Topeka



Your PATH to recovery starts here.

More than 60 years ago, Presbyterian Manors of Mid-America pioneered a new concept of caring for seniors. In keeping with this tradition, and as part of our commitment to helping individuals *live the way they want to live*, we offer the PATH (Post-Acute to Home) program. PATH is designed to meet the growing need for care following a hospital stay.

You will discover a time-tested approach to rehabilitative care. PATH is your next step to going home — *and to getting back to your life*.

The PATH neighborhood includes:

- Private and semi-private rooms with a flat-screen TV
- Living room for relaxing or visiting with loved ones
- Delicious meals
- Coffee bar, beverages and snacks available 24 hours per day

The right care, the right way.

Under the supervision of a physician and registered nurse, each patient in the PATH program will receive skilled therapy and skilled nursing services that contribute to their recovery. Our dedicated team of doctors, nurses, therapists and social workers tailor individual programs to meet patients' personal and medical needs. The PATH program provides the necessary care to help individuals regain functionality and live life on their terms again.

Presbyterian Manors has a track record of successful rehabilitation outcomes. In fact, many PATH program patients are able to regain their functional independence, and in many cases are able to return to their previous lifestyle.

**According to RehabCare Group, Inc.*

Services include:

- Physical therapy, to decrease pain and improve strength, endurance, balance and range of motion
- Occupational therapy, to improve one's ability to complete everyday activities of daily living
- Speech therapy, to improve overall communication as well as alleviate swallowing issues that can result in poor nutrition or dehydration



Your goals are our goals.

Working together with loved ones makes our PATH program successful, and regular family conferences are held to expedite recovery and aid the transition to home. Held to the highest standards, PATH team members are committed to:

- Extended admission hours to meet the needs of the medical community and families
- Continued communication with families and physicians on the patient's progress, and a full outcomes assessment detailing achieved goals upon discharge
- Dedication to reducing re-admissions through pre-admission assessments, clinical in-patient management, proactive discharge planning and community follow-up

Each person we serve is partnered with a specialized clinical liaison, who works with a network of physicians, social workers and family members to make the admissions process easier.